

ΘΕΜΑ 2β. ΛΕΞΙΚΟΓΡΑΜΜΑΤΙΚΗ

Part 1: Fill each gap in sentences 21-25 with the correct word from the box below (A-F). Use each word only once. There is one option you do not need.

A.	being	B.	having	C.	do	D.	buying	E.	use	F.	take
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21. I would advise you to _____ a taxi rather than walk to work every day.
22. I don't mind _____ a dog in the house so long as it's clean.
23. I hate _____ late for school every day! The bus is never on time!
24. The teacher won't allow us to _____ dictionaries during the exam.
25. I don't know what she wants us to _____ tonight. Have you asked her?

Part 2: Fill each gap in sentences 26-30 with the correct word from the box below (G-L). Use each word only once. There is one option you do not need.

G.	through	H.	yet	I.	with	J.	or	K.	into	L.	in case
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26. I haven't decided what I'm going to do this weekend _____. I guess I'll just have to play it by ear.
27. Well, if you play your cards right, you could be managing this place in a year _____ so.
28. Don't you know you're playing with fire when you get involved _____ someone who lies to everyone around him?
29. Listen well, and get it _____ your head. If you don't play by the rules, you'll be out of here in no time!
30. If we allow him to disrupt our lives like that, then we'll just be playing right _____ his hands.

ΘΕΜΑ 3. ΠΑΡΑΓΩΓΗ ΓΡΑΠΤΟΥ ΛΟΓΟΥ

You have seen an announcement in an international magazine asking young people to submit their articles for possible publication. Read the following text and write an **article (120-150 words)** in order to

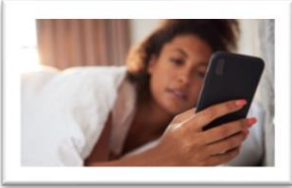
a) **discuss** the causes and effects of smartphone addiction, and

b) **suggest** ways to deal with this problem.

☰ HelpGuide 🔍

Smartphone Addiction

Worried about your phone or Internet use? Why not break free of the habit and better balance your life, online and off.



While a smartphone, tablet, or computer can be a hugely productive tool, compulsive use of these devices can interfere with work, school, and relationships. When you spend more time on social media or playing games than you do interacting with real people, or you can't stop yourself from repeatedly checking texts, emails, or apps—even when it has negative consequences in your life—it may be time to reassess your technology use.

Smartphone addiction can encompass a variety of impulse-control problems, including:

Virtual relationships. Addiction to social networking, dating apps, texting, and messaging can extend to the point where virtual, online friends become more important than real-life relationships. While the Internet can be a great place to meet new people, reconnect with old friends, or even start romantic relationships, online relationships are not a healthy substitute for real-life interactions..

Information overload. Compulsive use of the Internet and smartphone apps can cause you to neglect other aspects of your life, from real-world relationships to hobbies and social pursuits.

Online compulsions, such as gaming, gambling, stock trading, online shopping, or bidding on auction sites like eBay can often lead to financial and job-related problems. The size and convenience of smartphones and tablets means that we can take them just about anywhere and gratify our compulsions at any time.. Like the use of drugs and alcohol, they can trigger the release of the brain chemical dopamine and alter your mood. You can also rapidly build up tolerance so that it takes more and more time in front of these screens to derive the same pleasurable reward.

Heavy smartphone use can often be symptomatic of other underlying problems, such as stress, anxiety, depression, or loneliness. At the same time, it can also exacerbate these problems. If you use your smartphone as a “security blanket” to relieve feelings of anxiety, loneliness, or awkwardness in social situations, for example, you’ll succeed only in cutting yourself off further from people around you.